

OLDER AMERICANS MONTH



CONNECT, CREATE, CONTRIBUTE MAY 2019

Every May, the Administration for Community Living leads our nation's observance of Older Americans Month. The 2019 theme, Connect, Create, Contribute, encourages older adults and their communities to:

- **Connect** with friends, family, and services that support participation.
- **Create** by engaging in activities that promote learning, health, and personal enrichment.
- **Contribute** time, talent, and life experience to benefit others.

Communities that encourage the contributions of older adults are stronger. By engaging and supporting all community members, we recognize that older adults play a key role in the vitality of our neighborhoods, networks, and lives.

***Call Adult Protective Services to make a report:
1-800-624-8404 • TTY (24/7): Maine relay 711***

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